



Beginner Navigation Course in the Chilterns 13th-14th October 2018

Once again, we'll be hosting one of our popular navigation training weekends where you'll be able to learn from experienced and qualified outdoor instructors who will help you become a more competent navigator. We'll be following the syllabus of the Bronze National Navigation Award and on successful completion of the weekend, you'll be awarded a certificate for this nationally recognised qualification.

The aims of the National Navigation Award Scheme are simple – to give lovers of the outdoors, whatever their sport, age or fitness, the freedom to explore the paths, trails, hills and mountains of Britain and abroad. Progressing through the scheme will take you from being an absolute map and compass novice right through to becoming an expert navigator. You'll spend two full days in the Chilterns in a small group of no more than 8 giving you lots of personal practice, the chance to ask questions and really gain confidence in your skills.

The Bronze National Navigation Award is a practical hands-on award. It is aimed at people with little or no navigation experience whether you are new to the outdoors or have been relying on others, guidebooks or easy well-defined routes.

The syllabus of the Bronze National Navigation Award teaches navigation in the countryside using paths tracks and other linear features. Basic map interpretation and compass work is also included. The full syllabus is available to view on the [NNAS website](#).

ITINERARY

Your course starts both mornings at 9am outside Tring Railway Station (being just 35 minutes on the train from central London and close to the M1, this is a great location). After you've been introduced to your instructors for the weekend, you'll head straight out into the countryside to get started.

Each day will end back in Tring around 5pm. You're welcome to go home and come back the next day or there are numerous accommodation options locally for those who'd like to stay in the area. Sunday will be another full day in the hills before returning to Tring mid-afternoon for a debrief.

HOW TO GET HERE

Meeting point: 9am Saturday 13th October, Tring Railway Station, HP23 5QR.

Your instructor will be Neil, and his mobile is 07979 528 503. Please call Neil if you have any issues on the day.

Parking: You can actually park in the short stay car park at Tring railway station and leave your car there for the weekend (open 24 hours and the daily parking fee is £6.70). There are 500 spaces so you should be able to find somewhere there to park.

Explorers Connect
#AdventureRevolution



www.explorersconnect.com
www.facebook.com/ExplorersConnect
www.twitter.com/explorerstweet

Lift Sharing: If you can offer or need a lift (or just want to say “hi” to people) then you can post on the event Facebook page here:

<https://www.facebook.com/events/1500906073360982/>

ACCOMMODATION

Accommodation is not provided, but if you wanted some cheaper options you could check out youth hostels nearby. Find a list here: <https://www.tring.gov.uk/youth-hostels/>. Otherwise there are lots of hotels or B&Bs in Tring for around £50 a night – make sure you book early.

KIT LIST

You can download our recommended kit list [HERE](#).

Please note that for this course a compass is ESSENTIAL. Map extracts will be provided but if you have your own please bring it along. You'll need a packed lunch and drinks for both days.

Please note: on arrival you will be asked to sign a medical declaration form and provide us with next of kin/emergency contact details. If you have a medical condition or injury that we should be aware of please let us know in advance. Please contact us asap if there is anything you think may affect your participation.

If you have questions about the trip, please contact Alex (alex@explorersconnect.com).