

Explorers Connect

#AdventureRevolution



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## **Peaks and Moors Spring Hiking Weekend 20<sup>th</sup>-22<sup>nd</sup> April 2018**

Spend two days hiking across the windswept moors, hills and valleys of the Peak District National Park - you'll experience a variety of terrain and loads of interesting geological features to boot! The Peak District was the UK's first national park and is a fantastic hiking destination - but it's also well-known for climbing, mountain biking and caves. You'll be staying right in the heart of the Dark Peak area characterised by high moorland plateaus and famous for its gritstone edges which offer great views across the surrounding landscape - each day we'll take you to see the best views and the most spectacular features. There are fantastic walks right from the door of your accommodation or you can drive further afield to check out the more well-known mountains or explore a different area.

If you've never come on an EC Adventure before, they're informal, friendly and great fun. We generally have singles, couples and small sets of friends coming along, from complete beginners to adventure professionals - what we all share is a love for adventure. Ages tend to range between mid 20s and mid 40s but anyone over 18 years old and young at heart is welcome!

### **ITINERARY**

On Saturday and Sunday you'll head out for full day guided walks with a qualified Mountain Leader to explore as part of a small group of just 8 people. The superb location means you'll be spoilt for choice for walks and you can head from the door straight into the spectacular scenery. One day you'll hike along the ridge overlooking Ladybower Reservoir, surrounded by woodland and topped by high moors, and explore Alport Castles, a spectacular rocky feature nearby created by an ancient landslip over half a mile long. You can even scramble all the way to the top of the Tower if you fancy! On the other day hike options include the wild and windswept plateau of Kinder Scout, or the iconic Mam Tor with breathtaking views over the Hope and Edale Valleys.

### **LOCATION**

You'll be sharing our accommodation with the 8 participants on the EC Mountain Biking Course - the lovely John Hunt Base at Hagg Farm, situated between Ladybower and Glossop in the High Peak. It's ideally situated for hillwalking, mountain and road biking, trail running, photography and sightseeing. There is a lounge/dining room with TV/DVD, well equipped kitchen, and recently refurbished showers and toilets. Sleeping accommodation consists of bunk style and single beds split between 4 bedrooms. Duvet, sheets and pillows are provided so you'll just need to bring a towel. In the grounds are a picnic area, wildlife garden with large fire pit and a playing field with climbing boulder. We've got the fire pit to ourselves on Saturday night so bring some marshmallows!

### **KIT LIST**

You can download our recommended hiking kit list [HERE](#).

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## HOW TO GET HERE

**Address: John Hunt Base, Hagg Farm OEC, Snake Rd, Bamford, Hope Valley S33 0BJ**

Please check a map before you travel as the postcode may only take you nearby. On Friday you can arrive from 6pm where your host Heather will be waiting for you - **if you have any trouble finding the accommodation please call Heather on 07971 166202.**

Driving directions: Once you get to the Ladybower Reservoir junction take the A57 road 3 miles west towards Glossop, and then look out for a sign to Hagg Farm on the right. There is free parking on site.

Public transport: You can get the train to Bamford (7 miles away). There are no local buses to the farm from the station so you'd need to get a taxi or arrange a lift (see below).

Lift Sharing: If you can offer or need a lift (or just want to say "hi" to people) then you can post on the event Facebook page here:

<https://www.facebook.com/events/165168467538405/>

## WHAT'S INCLUDED

- 2 nights' accommodation on the John Hunt Base in Hagg Farm
- 2 home-cooked breakfasts on Saturday and Sunday
- A home-cooked dinner on Saturday night
- 2 days fully guided walking in a small group of 8, led by a qualified and experienced Mountain Leader
- EC Host for the weekend

*Please make sure you bring packed lunches for each day as there's no supermarkets nearby – you're welcome to store your food in the kitchen fridge.*

**Please note:** on arrival you will be asked to sign a medical declaration form and provide us with next of kin/emergency contact details. If you have a medical condition or injury that we should be aware of please let us know in advance. Please contact us asap if there is anything you think may affect your participation.

If you have questions about the trip, please contact Alex ([alex@explorersconnect.com](mailto:alex@explorersconnect.com)).